



1.10.21 AR

ERASMUS+ PROGRAMME STRATEGIC PARTNERSHIPS
2019-1-FI01-KA202-060805

Best Practice in Equine Facilitated Interventions – Education

TIMETABLE SKETCH

Short-term joint staff training events:

Learning, teaching and training - Exchange of Best Practice of Key Educational
Elements in EFI

17.11. - 21.11.2021

Learning Teaching and Training Meeting - Festina Lente - November

2021

What do we hope to achieve at this Meeting?

Meeting goals:

- Overview of key perspectives in equine cognition and learning, equine biomechanics and the need of the Horse in the domesticated environment
 - i) *Case examples from Festina Lente, HETI and Finnish Assoc. EFT*
- Examples - Best Practices in Physical Therapy and Rehabilitation key skills and assessment practises when working with the horse and client -
 - i) *Case examples from Lapo and Finnish Assoc. EFT*
 - Psycho-educational and social perspectives in rehabilitation and social and emotional wellbeing -
 - i) *Case examples from Lapo, Finnish Assoc. EFT, PHA and Festina Lente*

Proposed results after this meeting:

- a) Training and teaching skills will be enhanced in participants
- b) Participants knowledge will be increased and diversified
- c) Participants will develop an understanding of key competences and best practice in EFI education and training



To hit the target comparing educations:

The last **result** in the list consists also education: Participants will develop an understanding of key competences and best practice in EFI education and training and the **main objective** of our project consists (= main objective is to extend and develop the competencies of educators and to compare current European Partners Education models offered in the field of EFI)

Partner Presentations: In order to maintain consistency and cohesion it is suggested that all presenters utilize the following template:

PROPOSED GENERAL TEMPLATE FOR PRESENTERS - 45 minutes

- Main theme - How the presentation links with the main themes/goals from project and for the meeting goal of the day
- Outline the following: 15 min
 - Key Learning goals from course curriculum
 - Curriculum learning goal/s for the student
 - Main Theory/Recent and Relevant Research
- Practical demo/video presenting the work (horse and client)10-15 min
 - Outlining key elements only as they link in with main theme of day/project goals
- Facilitate the group discussion with partners 10-15 min
 - Upon completion of presentation facilitate time for partners to share their feedback/ current curriculum/questions and answers
- Use the above headings in powerpoint presentations

All presentations and videos to be sent to office@hetifederation.org at least 7 days prior to the meeting in Ireland.

General Schedule

Wednesday 17th November 2021: Arrival of partners

Partners arrive into Dublin airport and travel by bus to Bray, Co.Wicklow (approximately 1hr/1.5hr depending on traffic - cost 18 Euro return when booked online).<https://www.aircoach.ie/fares/route-702-dublin-airport-greystonesbray> •
Stop - Bray Town Centre Superquinn

- This is a 15 minute walk to the hotel, a five minute taxi journey, pick up transport can also be arranged closer to the date when we have an idea of arrival times.

Thursday, Friday, Saturday 18th, 19th and 20th 2021 -Teaching, Training and Learning

All group work and presentations will take place in the onsite training room at Festina Lente.

Sunday - 21st Travel home -

Bus or Taxi back to Dublin Airport (approximately 1/1.5hr depending on traffic)

Day 1 Thu 18th November 2021

Themes: Equine Learning, Cognition, Biomechanics

Time	Venue	Activity	Presenters
9.00-9.30am	Chalet Festina Lente	Meet and Greet - <ul style="list-style-type: none"> • Overview of 3 Days 	Jill Carey - Festina Lente
9.30am - 10.15am	Chalet Festina Lente	Presentation- Equine Cognition and Learning - Update n findings - Equine welfare working group and next steps (10 minutes) <ul style="list-style-type: none"> • Learning Goals from Curriculum • Overview of Theory and Research 	Jill Carey-Festina Lente
10.15 - 10.30 Work in organisational level <ul style="list-style-type: none"> • How is this lecture integrated into the partner curriculum ? • How do we integrate gaps people may identify • Suggestions of moving forward 			

10.30-10.45	Coffee	Break	
10.45- 11.30	Chalet - Festina Lente	Presentation- Equine Biomechanics - Theory and Research <ul style="list-style-type: none"> ● Learning Goals from Curriculum ● Overview of Theory and Research 	Sanna Mattila- Rautiainen, Finn Assoc. EFT
11.30-11.45 Group Discussion - Work in organisational level <ul style="list-style-type: none"> ● How is this lecture integrated into the partner curriculum ? ● How do we integrate gaps people may identify ● Suggestions of moving forward 			
11.45- 1.00	Chalet Festina Lente	Comparison of Education - all partners participate	Working group
1.00-2.00pm		Lunch	
2.00 - 3.30pm	Festina Lente - Indoor Arena	Practical Presentation: Equine Learning and Cognition - Practical Demonstration and Group Participation	Jill Carey/Festina Lente
3.30-5.00pm	Festina Lente - Indoor Arena	Practical Presentation - Equine BioMechanics and movement on rider Practical Demonstration and Group Observation to a form	Sanna Mattila Rautiainen, Clodagh and Jo

5.00-5.45 **Group Discussion:**

- Bringing it all together
- Identification of core competencies

Day 2 - Fri 19th November 2021

Themes: Competency of EFI facilitators - Best Practice in Physiotherapy and rehabilitation key skills when working with and assessing the client

and

Psycho-educational and social perspectives in rehabilitation and social and emotional well - being

Time	Venue	Activity	Presenter
9.00-9.15	Chalet Festina Lente	Introduction and overview of the day <ul style="list-style-type: none">● Time for any additional feedback from previous day	Jill Carey
9.15-10.00am	Chalet Festina Lente	Presentation - (Including Video) <ul style="list-style-type: none">● Basic criteria for evaluation of Equine Facilitated Interventions in Subjects affected by Neuromotor Disorders	Anna Pasquinelli, LAPO
10.00-10.15		Group Discussion - <ul style="list-style-type: none">● Identification of current models of BP and how this can be integrated into current curriculum● Identifying gaps● Suggestions moving forward	
10.15 - 10.30		Break	
10.30-11.15	Chalet Festina Lente	Presentation <ul style="list-style-type: none">● EFT Methodology in Dystonic subjects. Case study	Raupach - Italy

11.15-11.30 Group Discussion - <ul style="list-style-type: none"> ● Identification of current models of BP and how this can be integrated into current curriculum ● Identifying gaps ● Suggestions moving forward 			
11.30-12.15	Chalet Festina Lente	Presentation - (Including Video) ● Case examples - Physiotherapy	Maija Hautanen - Finn Assoc. EFT

		<ul style="list-style-type: none"> ● Key skills with working with the client ● Key competencies of the therapist 	
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12.15-12.30 Group Discussion - <ul style="list-style-type: none"> ● Identification of current models of BP and how this can be integrated into current curriculum ● Identifying gaps ● Suggestions moving forward 			
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12.30- 3.30pm		Lunch offsite - Buses to Retirement field, Johnnie Foxes pub- https://www.johnniefoxs.com/a-la-carte-food-menu (Covid certs and ID required)	
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3.30 - 4.15pm		Theme: Psycho-educational and social perspectives in rehabilitation and social and emotional well - being Presentation (including Video) <ul style="list-style-type: none"> ● Case Examples Experiences of working with intellectual disabilities/ psychiatric (45 minutes each) 	Dr Mazzotta- Italy Rondi- Italy
4.15 - 5.00pm pm			

5.00-5.15pm Group Discussion -
<ul style="list-style-type: none"> ● Identification of current models of BP and how this can be integrated into current curriculum ● Identifying gaps ● Suggestions moving forward
5.15pm -5.45pm Group Discussion:
<ul style="list-style-type: none"> ● Bringing it all together ● Identification of core competencies

Day 3 Sat 20th November 2021

Theme: Psycho-educational and social perspectives in rehabilitation and social and emotional well - being (continues)

Time	Venue	Activity	Presenter
9.00-9.45	Chalet Festina Lente	Presentation - <ul style="list-style-type: none"> ● Overview of Equine Assisted Learning Model ● Theoretical frameworks ● Research 	Jill Carey - Festina Lente

9.45-10.00 Group Discussion -			
<ul style="list-style-type: none"> ● Identification of current models of BP and how this can be integrated into current curriculum ● Identifying gaps ● Suggestions moving forward 			
10.00-10.45		Coffee break	

10.45 - 12.00	Indoor Arena - Festina Lente	Practical Demonstration and Group Participation - <ul style="list-style-type: none"> ● EAL Teambuilding Exercise ● Observation and utilisation of curriculum assessment/facilitator competencies 	Jill Carey
12.00 - 12.45	Chalet Festina Lente	Presentation- <ul style="list-style-type: none"> ● Discovering mechanisms underlying positive psychological functions of EAI 	Magda Pikul, Poland
12.45 - 1.00		Group Discussion - <ul style="list-style-type: none"> ● Identification of current models of BP and how this can be integrated into current curriculum ● Identifying gaps ● Suggestions moving forward 	
1.00 - 2.00	Lunch		
2.00-2.45 pm		The Emotional Interaction	Erna Törmälehto Equine facilitated Therapist, OT, Social worker, Finland
2.45 - 3.00pm Group Discussion - <ul style="list-style-type: none"> ● Identification of current models of BP and how this can be integrated into current curriculum ● Identifying gaps ● Suggestions moving forward 			
3.00- 3.15pm		break	

3.15 - 5.30pm	Chalet Festina Lente	<ul style="list-style-type: none"> ● Group Discussion - Bringing it all together -What did we achieve? <ul style="list-style-type: none"> ● Identification of core Competencies of morning lectures ● Review of meeting objectives ● Distribution of workload <ul style="list-style-type: none"> ● Next steps - Meeting in Finland Overview of potential presentations 	All Partners
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